

**SHENANDOAH ATHLETICS**

# **Parents Information Night**

**AUGUST 10 • 6:00 PM  
HIGH SCHOOL AUDITORIUM**

**Parents of Athletes in  
grades 7-12 are  
encouraged to attend.**



# SMC




- Jake Johnson
  - Schedule - 3:00 to end of practice
  - Game / Meets - (Varsity pre-game - end)
  - Services
  - Cost
  - Referral Process
  - Consent Forms
  
- Jake Davis
  - Saturday Morning - injury clinic - 9:00-11:00 AM (every Sat. this fall - all sports)

# Booster Club

- Please considering becoming a member!
- Meeting 1st Wednesday of most months

**SHENANDOAH ATHLETIC BOOSTER CLUB  
2ND ANNUAL FISH FRY FUNDRAISER**



**ALL AGES EVENT**

**TICKETS**  
\$15 Adults  
\$7 12 and under

**AT THE DOOR**  
Meal ticket - drawing for prizes  
50/50 Raffle  
\$1 - ticket  
\$5 - 6 tickets

**MENU**  
Fish  
Potatoes  
Mac & Cheese


**BENEFITING**  
Shenandoah Athletics

**THANK YOU**  
Duke Neumann and the Elks Lodge  
Kevin Olson  
Optimal Aqualfeed

**WHEN**  
Friday, April 15th  
5pm-7pm

**WHERE**  
Elks Lodge  
701 South Fremont Street  
Shenandoah

FEATURING • Prizes - 50/50 Raffle

 You can also find us on Facebook  
(Shenandoah Athletic Booster Club)

SHENANDOAH ATHLETIC BOOSTER CLUB

# GOLF TOURNAMENT

SATURDAY, AUGUST 5, 2023

1130AM REGISTRATION & LUNCH  
1230PM SHOTGUN START



712.581.9057

[HTTP://SHENANDOAHIWAGOLF.COM](http://shenandoahiwagolf.com)

# BOUND



Hawkeye Ten

## Shenandoah Mustangs

Notifications

Home

Activities ▾

Calendar

Registration

News

Camps

Directory

Fundraising

Stores

Tickets

School ▾


**ONE VISIBLY HEALTHY PET.**

DOLLAR GENERAL  
SHOP NOW

### Girls Activities

 Cheer

 Basketball

 Bowling

 Cross Country

 Golf

 Tennis

### Boys Activities

 Baseball

 Basketball

 Bowling

 Cross Country

 Spring Golf

 Tennis



## Go Mustangs!

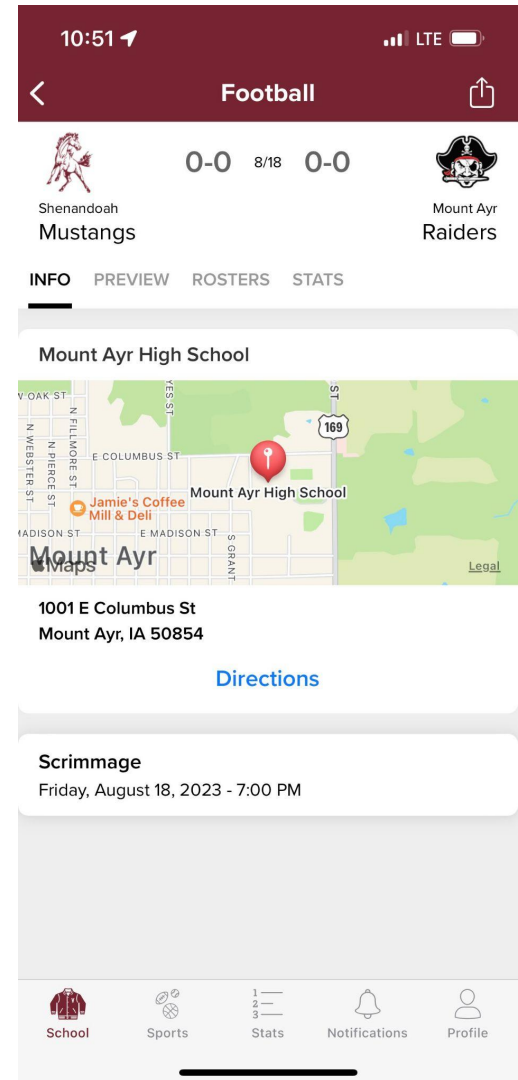
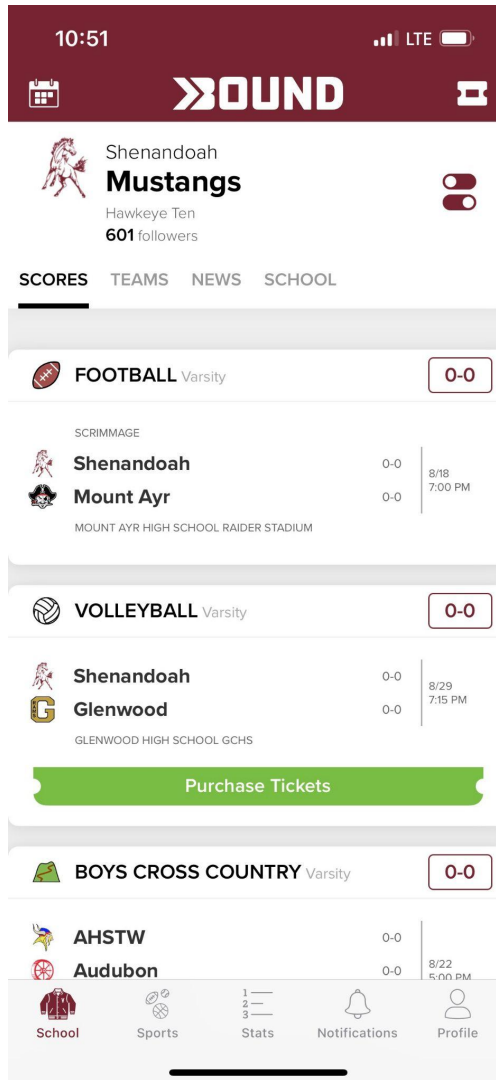
News



# BOUND

<https://www.gobound.com/>

# Bound (Phone App)



# Register Your Athletes Today!



**»OUND**

# ACTIVITY REGISTRATION

Shenandoah Mustangs  
Student-Athlete Registration

**EASY AS 1-2-3**

**1** Scan the QR Code or go to the link below and click the Registration tab  
<https://www.gobound.com/ia/schools/shenandoah>



**2** Login or click 'Create Your Account Now'

**3** Click 'Add a Student' and then search for your student. Verify the information and click 'Connect to My Student'.



**»OUND**

For assistance, contact Bound with the green chat bubble! 

**Connect to My Student**

# CASHLESS GATES at All 2023-24 Events!



**2023-2024  
TICKETS & PASSES  
NOW AVAILABLE**

[HTTPS://WWW.GOBOUND.COM/IA/  
SCHOOLS/SHENANDOAH/TICKETS](https://www.gobound.com/ia/schools/shenandoah/tickets)



**SCAN ME TO BUY TODAY!**



# Social Media

## Shen Activities

- Facebook
- Twitter
- Gipper (Images)

## Streaming

- Fuller Digital Solutions (varsity)
- Youtube (JV / FB Field) - Shenandoah Mustangs & Fillies
- <https://www.youtube.com/@shenandoahmustangsfillies851>

## Clothing

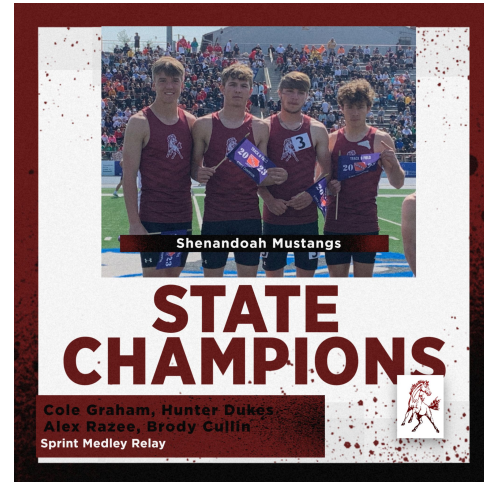
- BSN Sideline Store (24/7)
- Fall Order - <https://mstgraphics-shenandoah.com/> (Due Aug 16)

## Shenandoah Activities Update (EMAIL)



## Shenandoah High School

1.2K likes • 1.3K followers



# School Policies - Eligibility

Middle School and High School Eligibility Determination This will go into effect 15 academic days into each semester. Students' grading period will run every three weeks on Friday. Any student receiving a failing grade (F) or incomplete grade (I) will become ineligible the following Wednesday until the grade is no longer failing or incomplete.

1st Semester Dates:

Sept. 8, 29

Oct. 20

Nov. 20

Dec. 1

Final Grades: Dec 22

# State Policy

## “No Pass No Play”

- Any student who receives an F for the semester must sit out 30 calendar days after grades have been posted.
- If not in-season, starts at the beginning of next season with the first COMPETITION date.
- We will post ALL grades together at the end of each semester

# School Policies - Good Conduct

Activity	Number of Contests/Performances			All other
	1st offense – 33 ⅓%	2nd offense – 66 ⅔%	3rd offense – 100%	
Academic Competition	1	3	4	12 mos.
Band <sup>2</sup>	5	11	16	12 mos.
Baseball	8	16	24	12 mos.
Basketball	7	14	21	12 mos.
Bowling	4	8	12	12 mos.
Cheerleading <sup>3</sup>	3-7	7-14	9-21	12 mos.
Class Officers (days)	60	120	180	12 mos.
Club/Organizations	1	3	4	12 mos.
Cross Country	3	6	9	12 mos.
Drama (Plays/Musical)	1	3	4	12 mos.
FFA <sup>2</sup>	5	11	16	12 mos.
Football	3	6	9	12 mos.
Golf	4	8	12	12 mos.
National Honor Society	(Subject to NHS Bylaws)			
Royalty	1	3		12 mos.
Softball	8	16	24	12 mos.
Speech	4	8	12	12 mos.
Student Council (days)	60	120	180	12 mos.
Tennis	4	8	12	12 mos.
Track	4	8	12	12 mos.
Vocal <sup>2</sup>	5	11	16	12 mos.
Volleyball	5	9	14	12 mos.
Wrestling	5	10	15	12 mos.

# State Policies - Ejections

## When an ejection occurs at the end of a sports season:

### Previous guideline:

If penalties are imposed at the end of the sports season and no contest remains, the penalty is carried over in that particular sport until the next school year. The penalty is NOT imposed from one sports program to the next sports program.

### New guideline:

If penalties are imposed at the end of the sports season and no contest remains, the penalty is carried over in the next **sport** the student participates in.

# State Policy - Ejections

## **Suspended/Ineligible Athlete**

### Previous guideline:

The suspended/ineligible player may not sit on the team bench, enter the locker room, or be affiliated with the team in traveling to or from, or during the contest from which he has been made ineligible.

### New guideline:

The local school district shall determine if the ineligible player shall travel to and/or from the contest, sit on the team bench or enter the locker room while suspended. The ineligible player is not to dress for the contest nor participate in pregame warmups.

# Postseason Schedules

- Usually dates are pretty similar
- State Cross Country - **Saturday** (Oct. 28)
- Girls Sport Teams (w/ 5 classes) - Class 2A this year
- Baseball (July 6) Softball (July 8)

Family Week 2024

July 28 - August 4

No activities, weights, open gyms, camps!!



# Communication Updates

- Notify - from Bound
- Social Media Merge (Twitter / Facebook)
  - Please follow:
    - **Shenandoah High School**

Goals for 2023-24 and beyond!



# Commitment to Strength / Conditioning

- Athletes will take weights during school
- Building together!
- Save time after school / focus on fundamentals

# Increased Participation

We need kids to play sports!

Last three years - minimal four sport athletes

If every kid only plays their favorite sports - sustained success is going to be very hard to achieve.

# Why play sports?

- Provide a valuable and healthy experience while creating relationships and create lifelong attributes that will help young individuals succeed in the future.

# The Value of Sports

## Valuable Skills Gained

- Teamwork
- Discipline
- Toughness
- Leadership
- Perseverance
  - Learn to Compete

## Making Dreams come true

“How lovely it is to dream while you are awake... Anybody can dream while they’re asleep, but you need to dream all the time, and say your dreams out loud, and believe in them.”

- “Open” - pg. 154

Start Today!

Athletes - go out for as many sports as possible!

Parents / Guardians - encourage your child - even if they aren't the best

\*Not many say "I really wish I didn't go out for (any sport here)"